The patient’s pain experience in spinal cord injury: a qualitative approach

The aims of the present study are first to explore in-depth the patient’s pain experience after SCI and second to help improving the type and timing of interventions to assist patients to cope with chronic pain. Qualitative methods will be used to explore ways patients with SCI cope and manage chronic pain within an approach combining a ‘social-environmental perspective’ and a ‘psychological-personal perspective’. These experiences of patients are then presented to various professionals involved in the rehabilitation and confronted to their own views in order to explore if new ways of management could emerge; this by reducing the gap between the health care solution and methods and strategies used by patients to manage pain.

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