

The Birth of a Father, extension of an existing project

There is minimal information and awareness tools for men who are becoming fathers. However, the scientific literature argues unanimously that the committed involvement of partners significantly improves the well-being and health of the whole family. That is why in 2018 two midwives of HESAV, in partnership with a specialist in the field of paternity from the Männer.ch Association, produced the film "The birth of a father". This documentary, conceived in 5 episodes, traces the diversity of realities which contribute to the process of becoming a father. The 18 fathers interviewed present themselves frankly. In addition, 14 professional representatives of the perinatal professions discuss the conducive practices aimed at the inclusion of fathers in their practice. The press's coverage of the film's release included the following review: "It is not always easy for these men to be recognized by perinatal professionals as a parent in their own right. Young fathers, caregivers and specialists testify "(Cooperation 01.04.19).

Thanks to the support of Health Promotion Switzerland, this project, initiated in French speaking part of Switzerland, will be extended to the all country and even more widely on the web. To do this:

the film will be subtitled in English, German and Italian,

10 meetings "in the presence" of fathers, future fathers, mothers and future mothers will be organized in collaboration with various organizations, mainly in the cantons of Bern, Zurich and Basel. These meetings aim, through the film, to encourage exchanges about practices where fathers can get involved with their partner and the baby, about the organization and distribution of tasks at home, about the care of the baby, about the paternity leave, etc.

a workshop for perinatal professionals will address the decentralization of the dominant socio-health model with its strong focus on maternal and child care, to discuss more inclusive family practices

Media coverage will accompany the project. Otherwise, the salient elements collected during the meetings and workshop will be included in the final report.

Research team

Yvonne Meyer, main applicant, HESAV
Gilles Crettenand and Remo Ryser
partners, Maenner.ch

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Duration

12 months