

## Interprofessional meetings in institutions.

Interprofessional collaboration is an area of growing significance in healthcare, yet remaining a challenge in practice. Good communication and a patient-centered approach are both prerequisites for effective interprofessional collaboration, and require a constant effort to share information amongst teams. This research project funded by the Federal Office of Public Health focuses on interprofessional meetings in institutions (internal medicine and rehabilitation) in both French- and German-speaking Switzerland. It is composed of three interrelated subprojects.

The first part of the project is concerned with the practical implementation of interprofessional meetings and its impact on the efficiency and quality of collaboration. Drawing from video recordings of interprofessional meetings, we will answer the following questions:

- How do team processes unfold during interprofessional meetings in internal medicine wards and rehabilitation centres?
- What are the processes leading to effective interprofessional collaboration ?

Second, based on the obtained results in the first part and on semi-structured interviews with team leaders, we will identify the challenges they face with respect to interprofessional team building and leadership:

- What kind of meeting (with respect to structure and team composition) is perceived by team leaders as the most efficient, and why?
- What challenges arise in interprofessional team building and leadership ?

Third, we will compare interprofessional practices in two linguistic and cultural regions (French- and German-speaking Switzerland).

At the end of the three phases, results will be put in perspective and shared with the participating team for feedback and validation.

The results of this study yield a better understanding of team processes in interprofessional meetings, and help identify challenges with regard to team building and leadership. We will also be able to draw recommendations for practice and to offer interprofessional training according to linguistic and cultural specificities of the two main regions of Switzerland. This research project seeks thus to contribute to a more efficient collaboration in interprofessional meetings.

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