



# Pregnancy and migration

STATISTICS AND DIFFERENCIES BETWEEN SWITZERLAND AND SCOTLAND

Migration is a sociological event, included in a historical and political. According to the international migration organisation, any movement of persons leaving there places of habitual residence, either within the same country or across an international border.



## SWITZERLAND

- **24,6%** of the resident swiss population over 15 years is a foreign nationality.
- There is 4 national languages in switzerland : french, italian, german, romansh.
- In 2020, 23,1% of the people living in the country speaks other languages (portuguese, alabnan, spanish, serbian, croate).

#### **ADMINISTRATIVE**

In order to help foreign women, several association exists:

- PROFA: relai between the migrant and health network, socioeducational and community network of Vaud.
- CIP: helps the migrant in order to support them administratively in the integration in switzerland
- There is no birthright in switzerland

#### TRADUCTION

- Mamamundo: birth preparation classes with interpreters
- PanMilar: pregnancy and post partum follow-up by phone including breastfeeding
- Appartenances: french classes for future and new moms, accompaniment during medical appointments

### SCOTLAND

- 10% of Scotland's population in 2019/2020 was foreign nationality (a 198% increase onn 2001/2002).
- 98.6% of the population as a whole report being able to speak English well or very well.
- The most common non-British languages spoken at home are Polish (1.1%), Urdu (0.5%), Punjabi (0.3%) and Chinese (0.3%).

#### SERVICES AVAILABLE

Several services exist in Scotland to aid women and families



- All information given to pregnant women throughout their pregnancy journey can be translated into other languages.
- Translation service called The Big Word: a 24hr telephone interpreting service.

#### SUPPORT AVAILABLE

Best start grant and baby payment

 This is a one-off payment to help towards the costs of maternity and baby items.

Scotland's baby box

 Scotland's Baby Box is a safe and comfortable place for your baby to sleep and gives you some of the essentials for the early months of a new baby's life.

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