

# Pregnancy and migration

## STATISTICS AND DIFFERENCES BETWEEN SWITZERLAND AND SCOTLAND

Migration is a sociological event, included in a historical and political. According to the international migration organisation, any movement of persons leaving their places of habitual residence, either within the same country or across an international border.



### SWITZERLAND

- **24,6%** of the resident Swiss population over 15 years is a foreign nationality.
- There are **4** national languages in Switzerland: French, Italian, German, Romansh.
- In 2020, **23,1%** of the people living in the country speak other languages (Portuguese, Albanian, Spanish, Serbian, Croatian).

#### ADMINISTRATIVE

In order to help foreign women, several associations exist:

- **PROFA**: relay between the migrant and health network, socio-educational and community network of Vaud.
- **CIP**: helps the migrant in order to support them administratively in the integration in Switzerland.
- There is no birthright in Switzerland.

#### TRANSLATION

- **Mamamundo**: birth preparation classes with interpreters
- **PanMilar**: pregnancy and post-partum follow-up by phone including breastfeeding
- **Appartenances**: French classes for future and new moms, accompaniment during medical appointments



### SCOTLAND

- **10%** of Scotland's population in 2019/2020 was foreign nationality (a **198%** increase on 2001/2002).
- **98.6%** of the population as a whole report being able to speak English well or very well.
- The most common non-British languages spoken at home are **Polish** (1.1%), **Urdu** (0.5%), **Punjabi** (0.3%) and **Chinese** (0.3%).

#### SERVICES AVAILABLE

Several services exist in Scotland to aid women and families

- All information given to pregnant women throughout their pregnancy journey can be translated into other languages.
- Translation service called The Big Word: a 24hr telephone interpreting service.



#### SUPPORT AVAILABLE

Best start grant and baby payment

- This is a one-off payment to help towards the costs of maternity and baby items.

Scotland's baby box

- Scotland's Baby Box is a safe and comfortable place for your baby to sleep and gives you some of the essentials for the early months of a new baby's life.

